Mountrath Ballyfin Online Newsletter

14th April 3rd Sunday of Easter

Over 80 pages

of the best of whats on

in Mountrath Ballyfin

Parishes (and beyond)

Celebration of Sacrament of Confirmation

Bishop Denis will lead us in the celebration of the Sacrament of Confirmation with our girls and boys of Scoil Bhride , St. Fintan's Boys School, Gaelscoil Thromaire and Clonenagh N.S. on Fri. 26th Aoril -- Commencing (In Mountrath Church) at 11.00 am

Celebration of Sacrament of Confirmation

Bishop Denis will lead us in the celebration of the Sacrament of Confirmation with our girls and boys of Ballyfin National School and Barnashrone National School on Fri. 26th April

Commencing (In Ballyfin Church) at 2.30 am

Barnashrone NS Golf Classic

Friday 17th May Portarlington Golf Club Tee times from 9am



Team of 4 - €300

-Includes golf, lunch and a chance to win some lovely golfing gear

Special Prize on the day - Dinner for 2 in

Ballyfin House with horse and carriage tour of the grounds

Contact Aileen @ (087)9896923 via Whatsapp to book in!



The Class of 1990 Restoration Project

TABLE QUIZ

St. Philomena's Hall Mountrath

THURSDAY 2ND MAY @8PM (DOORS OPEN 7.15PM)

TABLE OF FOUR €40

TROPHIES AND CASH PRIZES TO BE WON!!

MONSTER RAFFLE!!

PRIZES GALORE!!

Book Now on Eventbrite and on 1990restproject@gmail.com

Ballyfin N S. Parents' Council

Raffle on 14th of April after 10am Mass

With cake sale, tea and coffee in school hall Prizes up for grabs in the Ballyfin NS Spring Raffle include -

Dinner for two in Ballyfin Demesne



Afternoon tea in Cashel Palace



Dublin Zoo Voucher



Draw This Sunday

Emerald Park Voucher



Lots of great shopping vouchers

Cinema voucher



and much more!!

Visit www.idonate.ie/raffle/ballyfinnsspringraffle to get your



Adult Yoga

Free Introductory Beginners Class

in Ballyfin Hall (Committee Room)

7 - 8pm Wed. 17th April. more information from Aisling on 0894122157

6-week Adult Course to follow - depending on interest



Collection for the support of the Priests of the Parish

Easter Collection for the support of the priests of the Parish takes place over the Easter period. Envelopes at the Church porches for people not using an Envelope Box. The Charity No. 20206307 one of four collections that take place during the year for the support of the priests of the Parish.

Fr. P.J. and myself take this opportunity to wish you a Happy and Holy Easter.

Fr. P.J. Fr. Joe

other ways to contribute to the support of the priests of the Parish

Ballyfin Parish - (A.I.B. Portlaoise Branch)

Lyster Square, Portlaoise.

Name of Account - Ballyfin Parish Pastoral Council

IBAN - IE44 AIBK 9332 7900 203030

RIC. - AIRKIF7D

Mountrath Parish - Bank Account Details

(Bank of Ireland) (Portlaoise Branch)

Name - Mountrath Parish Current Account -

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50 -

BIC. - BOFIIE2D

If contributing to Parish directly through our bank account please include your own name as the reference.

Mountrath Ballyfin Parish News 14th April '24

St. Fintan's Parish, Mountrath – Ballyfin

3rd Sunday of Easter



March for Life

Bank Holiday Monday
6th May - 2.00 pm
Marching in Dublin
From Stephen's Green
To Leinster House

A Word of Thanks . . .

To all involved in our Holy Week and Easter Ceremonies this year, a very special "Thank You". to all involved and indeed committed to our various Liturgy Ministries, Reader of the Word - Ministers of Holy Communion - Sacristans - Organists, musicians and Choirs - Imelda, who prepares the flowers for us in both Parishes, Ministries organisers, collectors and counters. To all who prepared our churches for the Ceremonies, and to all who contributed in any way to the experience of Holy Week we express a heartfelt word of appreciation. Our hope is that for you who were involved in and part of, our Easter Ceremonies that they were for you, prayerful and meaningful. Please God, in spite of everything that comes our way and in spite of everything that life throws at us, we will always be an Easter People, A Hope Filled people, inspired by the Risen Lord.

Fr. P.J. - Fr. Joe

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. Sometimes emails can go to folders on the computer other than the main folder and
are not seen straight away. The same can apply to text messages and Whatsapp.
messages. This can cause a problem when I have no knowledge of these emails /
messages coming in and are sometimes not detected at the time.

Can lask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter, please give me a call on 087 241 1594

Class of 1990 Table Quiz.

"Bridigine Class of '90" host Table Quiz in the St. Philomena's Hall 's on Thurs. 2^{nd} May Table of 4 $\mod 4$ 40.00 - Comm. at 8.00 pm.

The class of '90 appreciate your generous support of this event.

Book on Eventbrite and on 1990restproject@gmail.com

This Sunday

Ballyfin Vintage and Veteran Club, Auto-Jumble

Sunday 14th. April 2024, from 8:00am.

Community Hall, Ballyfin, County Laois.

Strictly vintage, veteran & artisanal related stalls & traders.

Pre-registration and approval for stalls required.

Proceeds in support of local charities

For queries or information on the Ballyfin Vintage & Veteran Club,

please message, text or call 0863101822.

Accord

Accord CLG are seeking applications for the post of Specialist Couple Therapist. Closing date is 3rd May 2024. See our online Newsletter for more details

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Annual Day of Prayer and Reflection for Deacons,

Candidates and their Families

The third annual Day of Prayer and Reflection for Deacons, Candidates and their Families will take place on Saturday 22nd June 2024 at Knock Shrine. This is a great opportunity for Deacons and Candidates to come together and help to promote the ministry of diaconate at a national level. A detailed schedule for the day will issue over the coming weeks once guest speakers have been confirmed.

All are most welcome to attend.

1000

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

Diocesan Pilgrimage to Knock Shrine Sunday 2nd June 2024.

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures.
We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph. 085 802 163

A Day for Choirs, Musicians & Cantors

A Day for Choirs, Musicians and Cantors at the Dominican College
Newbridge Saturday 16th April 2024, 10.00 am to 7.00 pm.
The day is presented by a Dominican Friar from Ireland and
Poland, an Australian soprano and liturgical music expert.
Content: New liturgical music from Poland, good liturgical
practice, filling gaps in your repertoire, launch of a new hymnal,
record music for Irish Dominican's 800 years in Ireland.
Cost is €32.00 including a three-course lunch.

Mass in Portuguese

The Brazilian Catholic Community in Laois invites you and your family to join them for Mass in Portuguese on Sat. 20th April in St. Peter and St. Paul's Church, Portlaoise at 7.30 pm. All are most welcome.

Ballyfin Anniversaries

Mass Times Anniversaries Sat 13th - Sun. 21st Apr

Fri. 12th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 13th Apr. 8.00 pm

Sun. 14th Apr. 10.00 am

Mon. 15th April 7.00 pm Apostolate of Sanctification.

Fri. 19th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 20th April 8.00 pm Johnny Downey, Clondarrig. 6th Anniv.

And deceased members of Downey Family

Sun. 21st April 10.00 am Timothy and Mary Kate Heffernan, Brockera

Mon. 22nd April 7.00 pm Apostolate of Sanctification.

Lord, for your faithful people,
life is changed,
not ended



flowers in May given the amount of showers in April! (Quote of Brigid Bennett – Principal, Ballyfin School)

Mountrath Anniversaries

Mass Times Anniversaries Sat. 13th - Sun. 21st Apr

Sat. 13th April 7.00 pm Michael Dunne, Clonard. (And Stradbally) M. M.

Helena (Lena) McEvoy, Trumera. 2nd Anniv.

Andy O'Connor, Dysartbeigh 4th Anniv.

Anthony Tobin, Woodbrook. 5th Anniv.

Sun. 14th April 9.00 am The Hollow Ch. Patricia O'Leary, The Oak

11.30 am Maura and Micheál Moore, Fr. O'Connor Cresc.,

Matthew and Margaret Harrington, Trumera and deceased family members

Tues. 16th April 10.00 am

Wed. 17th April 10.00 am

Thur 18th April 10.00 am Altar List of the Dead.

Fri. 19th April 10.00 am James (Jim) Wall, Woodbrook. 5th Anniv.

Frances Phelan, Kiln Lane. 6th Anniv.

Sat. 20th April 7.00 pm Nora Phelan, Coldblow. 6th Anniv.

Maura and Frank Byrne, Patrick St., and their daughter, Paula Byrne.

Margaret Taylor, Annie Wilson, Norah Dunne and Margaret Clarke, Moanbaun.

Sun. 21st April 9.00 am - The Hollow Ch. Fr. Louis Lambe. 8th Anniv.

11.30 am Josephine (Mary Jo) Grehan (Nee Higginbotham) Derrylusk. Month's Mind

John Dollard (Formerly Forest) R.I.P.

We pray for John Dollard, Halifax, West Yorkshire (formerly Forest) who died peacefully at his home on Tues. 9th April. We keep and hold in our thoughts and prayers the Dollard and Kelly families and all John's family at this difficult time.

1st Anniversary Remembrance

Sat. 27th April 7.00 pm Liam Doyle, Shannon Rd.,

(Also) his father Tom and brother, Liam

"Do This in Memory" Programme

- Sat. 13th Apr. Mountrath Church 7.00 pm Sun. 14th Apr. . Ballyfin Church 10.00 am
- Sat. 4th May Mountrath Church 7.00 pm Sun. 5th May Ballyfin Church 10.00 am

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun.26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- Note Change of Date

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church. 2.00 pm

With Children of Barnashrone National School

Mountrath Parish Lotto

11th Apr.

Nos. Drawn 5 17 18 24

l Jackpot Winner (Portlaoise Parish)

17 Match 3 - Rec. € 57 each - 3 Local Winners



Michael Hosey Promoter, Pam Killeen

James Dunne. Promoter, Rita Holland

Barry and Nicola Phelan, Promoter, Bernie Phelan

New Jackpot €10,000

Ballyfin Parish Lotto Wed. 10th April

Nos. Drawn 10 15 25 28 No Jackpot Winner

10 Match 3 Winners Rec. € 100 ea. 1 Local Winner

Michael Conroy - Promoter, Mary Finn

Next Week's Jackpot € 14,000

A very special thank you for your very generous support of and continued commitment to Mountrath and Ballyfin Parish Lottos



Next Week's



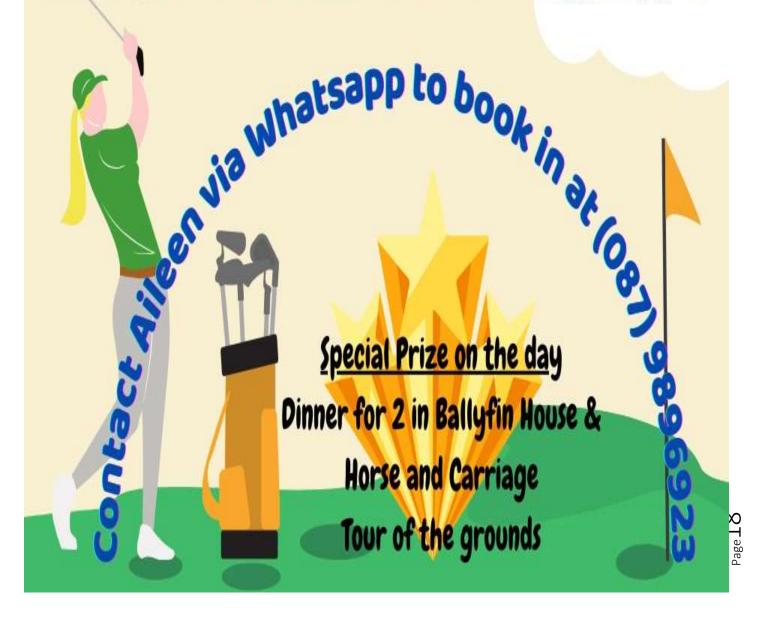
Ballyfin € 14,000 Mountrath € 10,000



Barnashrone NS Golf Classic - Portarlington Golf Club

Friday 17th May - Tee times from 9am Team of 4 players -€300

(Includes golf, lunch and a chance to win some lovely golfing gear)



Barnashrone NS Golf Classic

Friday 17th May Portarlington Golf Club



Are you a business owner who would like to sponsor a tee box for our Golf Classic?

Just €100 to get your business name on the golf course on the day! Super publicity for a super cause!

Contact Aileen @ (087)9896923 via Whatsapp for more details.



St. Canice's Kilkenny Credit Union Ltd. is regulated by the Central Bank of Ireland.

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

Message from Safeguarding Office Reminder re. Inter-Parish Safeguarding Meetings

(Message from Ailish Higgins)

These meetings will involve a Q&A style session where people can discuss and get support with safeguarding practices in their local parish i.e. paperwork, risk assessments, youth participation etc and last approx. one hour.

I would greatly appreciate if you could get back to me (safeguarding@kandle.ie) with confirmation of your attendance, naming which venue suits you best, so that I can confirm numbers ahead of time. If you are unable to attend a meeting in your own pastoral area, please feel free to attend another meeting from the schedule.

Details of the remaining dates – times – venues below.

Thurs.21st March 7.30pm – Cathedral Parish Centre, (Carlow)

Wed. 10th April 7.30pm - Killeigh Parochial House, Killeigh

Thurs. 18th April 7.30pm - Portlaoise Parish Centre,

Wed. 24th April 7.30pm – Leighlinbridge Parish Centre,

Thursday 25th April 7.30pm - Tullow Parish Centre,

. Brigidine Past Pupils Lunch

Past Pupils of the Brigidine Convents of Abbeyleix, Mountrath,

Tullow & Goresbridge are invited to the Brigidine Past Pupils Lunch

which takes place on Sunday 21st April in the Keadeen Hotel,

Newbridge at 12.45pm.

Cost €40 and booking to be made before Thursday 5th April.

Contact Sheila Kinane 087 224 944

or 045 867 124. Email: sheilakinane@gmail.com

Please copy and like and share on Social Media to spread the word.

Mater Dei Education Spring Conference 2024

The Mater Dei Education Spring Conference 2024 takes place in the De La Salle Retreat Centre in Castletown, Co Laois on 28th April 2024. Registration takes place at 10.30 am. The day will begin with Holy Mass at 11.00 am celebrated by Bishop Connell.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or home-schooling.

The afternoon will include a keynote talk from Fr. Conor McDonough O.P. on Catholic education in Penal Ireland and will conclude with a panel discussion at 3.00 pm.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or homeschooling.

. SeniorLine

•

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10.00 am to 10.00 pm, they can be contacted on Freephone 1800 80 45 91.

Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's volunteers are trained to listen, to support, to discuss options and refer the caller to other helpful services available if necessary.

So don't be alone if sharing a problem would help, phone SeniorLine.





Thursday 11th

7 pm Karate 8 pm Bowls

Friday 12th

5.30 pm Kickboxing (3-7)6.30 pm Kickboxing (8-12)7.30 Kickboxing (13+)

Saturday 13th

9 am Circuit Training 10 am BJJ (8-12) 11 am BJJ (13+) 12 am Pilates

Monday 15th

7 pm Yoga 7 pm Karate

Wednesday 17th

5pm Art & Craft 7-8 pm BJJ (8-12) 8-9 pm BJJ (13+)

Brigidine Convent,
Patrick's St,
Mountrath, R32 DC58













Saturdays 12-1 pm 6 weeks starting 13th April

Last Few Places Left



€ 60 for 6 weeks

Mountrath Health & Fitness Academy, Patrick st, Mountrath R32 DC58



Sabrina 087 646 7305

https://www.mountrathgym.com/memberships/pilatesinmountrath









DOMINICAN DAY

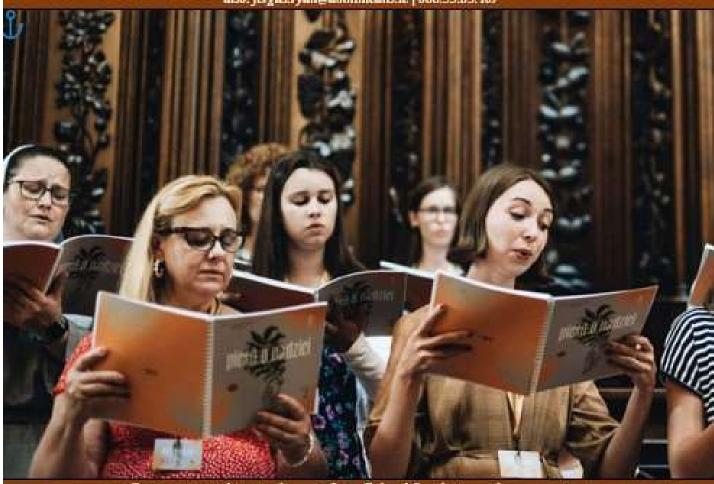


FOR CHOIRS, CANTORS & MUSICIANS

Dominican College, Newbridge, Saturday 13 April 2024, 10.00am-7.00pm €32 includes three-course lunch. Sing at Sunday Mass at 7.30pm

Book through DominicanDayChoirs2024.eventbrite.com

10% discount for bookings before 17 March. Promo code 'Newbridge' also: fergus.ryan@dominicans.ie | 086.35.85.407



Contemporary liturgical music from Poland for choirs and congregations Filling gaps in your liturgical year repertoire with music, old and new Congregational singing & building rapport with other ministers In-depth review of music in the liturgy: practice and theory *Launch of a new hymnal & *Record music for Irish Dominicans Jubilee 800

Fr Łukasz Miśko, OP Director of the Dominican Centre for

Liturgy, Kraków. www.dlc.foundation



Ms Grace Feltoe

Australian-Maltese Soprano, founder of the Musica Sacra Project. https://www.glorta.dei.musica.sacraprotect com/



Palestinian children and their families are starving.

They need our help right now.



Photo courtesy of Anera.org

thAnniversary Donal Walsh

~ May 11th ~

10:00 Arrival in Basilica & Registration Welcome - Fr Richard Gibbons - Elma Walsh 10:30 10:45 Explanation of Workshops and Ice Breakers 11:00 Aidan O'Mahony & Dr Lorna Gold - followed by Q&A 11:45 Choice of workshops • In memory of Donal - Prayer Guidance Centre

- Trócaire Care for Our Earth (St Johns)
- Music Generation The HIIR
- The Prayer Cube The HUB
- Letters to God The HUB
- Story of Knock The Apparition Chapel
- Knock Museum
- Fill Holy Water Bottles

1:30 Why do we go to Mass? - Fr. John Harris Mass - Main celebrant Fr Leo Moloney SJ 7:00 3:00 Depart

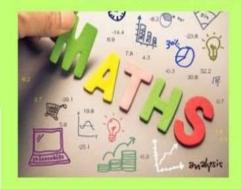
CHEMISTRY, JC MATHS AND JC SCIENCE GRINDS

LOCATION: BLOOM HQ MOUNTRATH (R32 DT9F)

DATES: EVERY SATURDAY MORNING STARTING THE 13TH OF APRIL 2024

CONTACT: AISLING ON 087 7917268
TO BOOK YOUR PLACE.

PLACES ARE LIMITED.







March-April 2023 TIMETABLE

PAYG

and

Members

Always

Welcome

*These

classes are

not included in

membership

fee

Monday

11 am Mature Movers 7 pm Mixed Circuit Training 7 pm Karate*

7 pm Yoga*

Tuesday

10 am Beginner TRX 11 am Bowls Inc. 1.15 pm Lunchtime Hitt 7.30 pm Zumba *

Wednesday

II am Mature Movers
5 pm Art & Craft *
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

Thursday

10 am Beginner TRX 11 am Activator Poles Inc. 1.15 pm Lunchtime Hitt 7 pm Karate* 8-pm Bowls*

Friday

5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training 10-11 am BJJ (8-12) 11 am BJJ (13+)



MOUNTRATH

Martial Arts & Fitness Academy







Brazilian Jiu-Jitsu/BJJ in Mountrath





Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility



Wednesdays

Kids 7-8 pm Teens / Adults 8-9 pm

Saturdays

Kids 10- 11 am Teens / Adults 11 am -12 pm €5 per class for under 18's €7 per class for Adults or included in Monthly Membership

8 yrs- 18 €35 per month Adults €45 per month

Bring a Friend for Free in March

contact Jamie 085 200 2497











Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938





Classes for Secondary School aged teens in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm €6 per class

Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am € 35 per month or €5 per class
Jamie; 085 200 2497

Violin



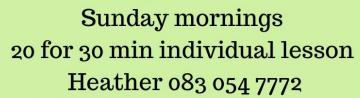
Thursdays 3.30 pm on. €20 for 30 min individual lesson Irene: 089 981 8065



Trad Music



Saturdays from 11 am, €8 for 30 mins group classes Eabha 083 8566083



to book talk to the relevant teacher









Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Fridays 5.30 pm 3-7 years, €7 Kickboxing 6.30 pm 8-12 years, €7

Shane: 086 339 9287

First trial class free



8-12 years,

Brazilian Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu* € 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson Violin

Irene: 089 981 8065

Trad Music

Saturdays from 11 am, 6+ years €8 for 30 mins group classes Eabha 083 8566083



Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher







March-April 2023 TIMETABLE

PAYG

and

Members

Always

Welcome

*These

classes are

not included in

membership

fee

Monday

11 am Mature Movers 7 pm Mixed Circuit Training 7 pm Karate*

7 pm Yoga*

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10 am Beginner TRX 11 am Bowls Inc. 1.15 pm Lunchtime Hitt 7.30 pm Zumba *

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Saturday

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Mature Movers





Strength
Flexibility 50 + gym classesBalance
a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570









Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938

Saturday Morning **Circuit Training**



9-10 am



€ 7 PAYG or part of your monthly membership



contact 086 3262 570

The Old Convent, Patrick St, Mountrath, R32 DC58







Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos 089 9818065

iramos.violinstudio@gmail.com

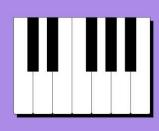
Thursdays



Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin

Cliona & Eabha Dowling McDonald 083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month Adults €45 per month

€5 per class for under 18's €7 per class for Adults or included in Monthly Membership

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497













1 - 2 person offices for rent in our Social Enterprise centre in Mountrath





Arts & Craft Classes



Second block of

6 week program starting 28th February

at the later time of Wednesdays 6-7 pm



7-12 year olds

- *life drawing
- *painting
- *clay
- *print making
- *textile art

contact Rhiannon 089 211 5183



6 weeks € 30 only 12 places



Brigidine Convent, Patrick St, Mountrath R32 DT9F





Piano Classes Available

Starting Sunday April 7th BloomHQ Mountrath Contact Heather 083 054 7772





Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons
by Irene Ramos
089 9818065
iramos.violinstudio@gmail.com
Thursdays



Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin Cliona & Eabha Dowling McDonald



Saturdays

083 8566083

Piano Lessons by Heather Gavigan 083 054 7772 Sundays



Contact the relevant teacher for times, prices etc



Mountrath Music Rooms



Contact 089 272 2885 or 057 930 0036 *Soundproof rooms

*From € 15 per hour

*Perfect for music lessons, counselling or grinds

*free easy car park

*Waiting space

Brigidine Convent, Patrick St, Mountrath R32 DT9F



Unislim

Join Today!



Wednesdays 7-8pm

Class Talk 8pm

New members always welcome

9 stone weight loss



Mairead McCaul Unislim Member

Join Unislim for €25
Pay €12 weekly fee thereafter











unislim.com | 1800 603020

Arts & Craft Classes



Second block of

6 week program starting 28th February

at the later time of
Wednesdays 6-7 pm



7-12 year olds

*life drawing

- *painting
- *clay
- *print making
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contact Rhiannon 089 211 5183

6 weeks € 30 only 12 places



Brigidine Convent, Patrick St, Mountrath R32 DT9F





Piano Classes Available
Starting Sunday April 7th
Bloom HQ, Mountrath
Contact Heather,
0830547772

Arts & Craft Classes



6 week program starting 28th February

Wednesdays 5-6 pm





*print making
*textile art

contact Rhiannon 089 211 5183



Book online at https://mountrathgym.squarespace.com/memberships/kidsartcraft



Brigidine Convent, Patrick St, Mountrath R32 DT9F



Music Teachers wanted



for Mountrath Music School
*soundproof rooms
*free parking

*waiting area for parents



contact Lucy 087 259 7895



Classes for Secondary School aged teens in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm €6 per class

Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am € 35 per month or €5 per class
Jamie; 085 200 2497





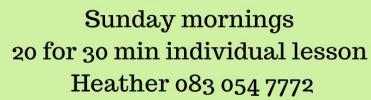
Thursdays 3.30 pm on. €20 for 30 min individual lesson Irene: 089 981 8065



Trad Music



Saturdays from 11 am, €8 for 30 mins group classes Eabha 083 8566083



to book talk to the relevant teacher









Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Kickboxing 6.30 pm 8-12 years, €7

Fridays 5.30 pm 3-7 years, €7

Shane: 086 339 9287

First trial class free



8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu* € 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson

Irene: 089 981 8065

Violin

Trad Music

Saturdays from 11 am, 6+ years €8 for 30 mins group classes Eabha 083 8566083



Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher









Roadcraft Motorcycle Training

Mick Smith is teaching the new

RSA approved Motorcycle Initial Basic Training (IBT)

here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School *soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 + Mondays & Wednesdays 11 am





Bowls inclusive 11 am Tuesdays Bowls 8 pm Thursdays

Mountrath Men's Shed Tuesdays 10 am- 1 pm Thursdays 2 pm- 4 pm contact 085 705 3855





Activator Poles Inclusive Thursdays 11 am

contact Ruth 086 3262 570



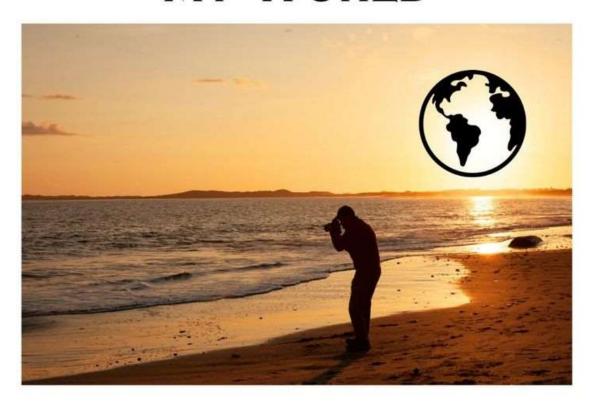








"MY WORLD"



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome Photos will be on display for the month





The Class of 1990
Restoration Project

TABLE QUIZ

St. Philomena's Hall Mountrath

THURSDAY 2ND MAY @8PM (DOORS OPEN 7PM)

TABLE OF FOUR €40

TROPHIES AND CASH PRIZES TO BE WON!!

MONSTER RAFFLE!!

PRIZES GALORE!!

Book Now on Eventbrite and on 1990restproject@gmail.com

)) age

VIOLIN LESSONS

by Irene Ramos

- · Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults

Studio based Mountrath

Ages

MUSIC PERFORMANCE

MUSIC PERFORMANCE

MUSIC PERFORMANCE

MUSIC PERFORMANCE

MUSIC PERFORMANCE

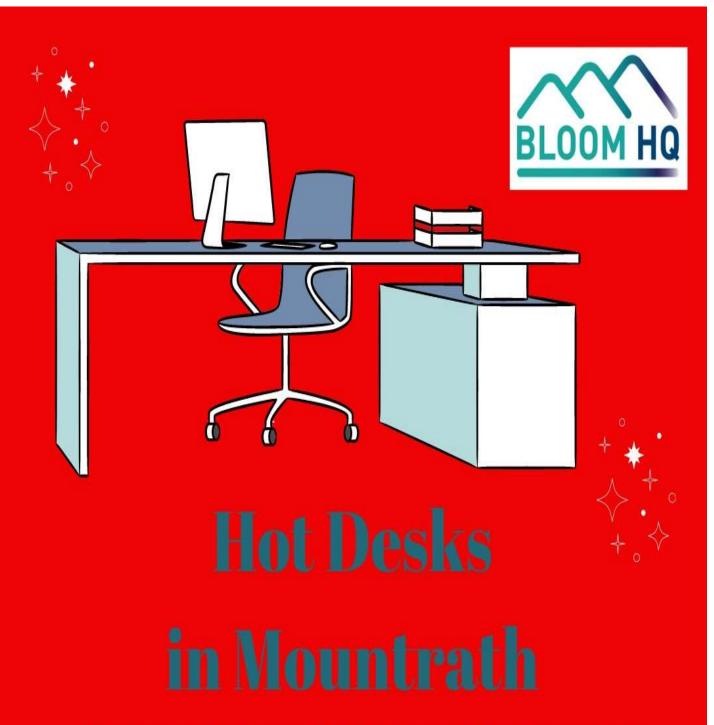
FOR RATES AND/OR MORE INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos violinstudio@gmail.com



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Need somewhere to work for a day with fast broadband? Free parking, canteen onsite.

Desks from 10 euro per day Book on https://connectedhubs.ie

Mountrath Men's Shed







Old School on Patrick Street



Tuesdays 10am - 1pm Thursdays 2pm - 4pm

Contact 0857053855







Karate Classes



Mondays & Thursdays 7 - 8 pm





Juniors and Adults

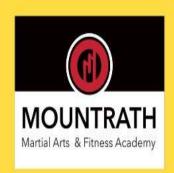


Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan 087 760 7063 Martial Arts Centre, Old Convent, Mountrath, R32 DC58



HIIT Lunchtime class

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins
5 euro a class
or
or

part of your monthly gym package

Book with Ruth 086 3262 570











Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Kickboxing 6.30 pm 8-12 years, €7

Fridays 5.30 pm 3-7 years, €7

First trial class free

Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb with free trial

8-12 years,

Wednesdays 7-8 pm &

Saturdays 10-11 am

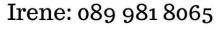
€ 35 per month

Jamie; 085 200 2497



Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson





Trad Music

Saturdays from 11 am, 6+ years €8 for 30 min group classes Eabha 083 8566083

to book talk to the relevant teacher







Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial Wednesday 14th & Saturday 17th February

8 yrs- 18 €35 per month Adults €45 per month

Wednesdays

Kids 7-8 pm Teens /Adults 8-9 pm **Saturdays**

Kids 10- 11 am Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497









Bowls All Inclusive Ilam Tuesdays

St. Philomena's Hall, Brigidine Convent, Patrick Street, Mountrath

Contact Ruth 086 3262570

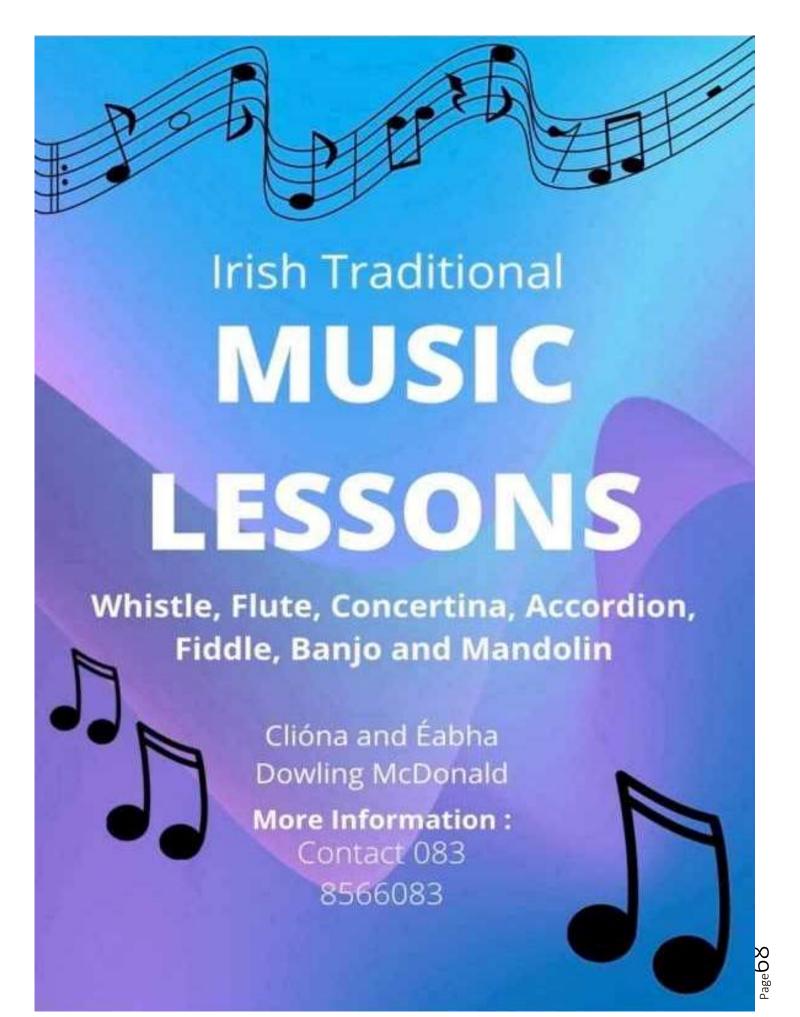












Music Classes in Mountrath

- Lessons in BloomHQ
- Violin Lessons by Irene Ramos
 0773222323
 iramos.violinstudio@
 gmail.com
- Irish Traditional
 Music, Whistle, Flute,
 Concertina,
 Accordion, Fiddle,
 Banjo and Mandolin
 Cliona & Eabha
 Dowling McDonald
 083 8566083

Contact the relevant teacher to arrange days/times/prices



School of Music - Mountrath



Please use your recyclable blue token to vote for us in the Tesco Community Fund.



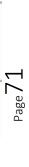
O N M



For our new Music Rooms Contact Lucy 087 259 7895

The Old Convent, Patrick St, Mountrath, R32 DC58





Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders!

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling

Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.





Date for the Diary

The Sacrament of Confirmation will be celebrated in Mountrath / Ballyfin Parishes on Fri. 26th April 2024

The Ceremony in Ballyfin Parish Church will Commence at 2.30 pm

Bishop Denis will lead us in both our celebrations

To care for those who once cared for us is one of the highest honors in life.

- Tia Walker



Ballyfin Community Alert Seniors Alert Scheme Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Newsletter Items: - From around the Diocese

Mental Health Peer-Support:

Cycle Against Suicide is offering the opportunity to avail of online training in Mental Health Peer-Support. The training provided transcends traditional boundaries, breaks down the stigma associated with mental health discussions. The benefits are profound and farreaching. Trained Peer-Supporters are attuned to subtle shifts in their community's well-being. This heightened awareness fosters a culture of genuine care and concern. No funding is necessary to do the training. It is offered free to volunteers in a community club, association or who are associated with any part of their community's safety, health and wellbeing in a drive to encourage people to take on this vital role for their own community and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training

Details: www.cycleagainstsuicide.com/register-to-become-community-buddy/

Delivery: Online via Zoom

Time: 7-10pm on 4 evenings over 2 weeks

Option 1: March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st

Option 2: April: Mon 8th, Wed 10th & Mon 15th, Wed 17th

Option 3: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd

To Register: training@cycleagainstsuicide.com or online

at www.cycleagainstsuicide.com/register-to-become-community-buddy/



GRAIGUECULLEN / KILLESHIN



Our Lady Perpetual Help

in St. Clare's Church, Graiguecullen

9 MONDAY NIGHTS

8th April - 3rd June 2024

Time: 7.30 pm. (Rosary at 7.10pm)

This is the 19th year of our parish Solemn Novena to Our Lady of Perpetual Help. The purpose of our Novena is to come together as a community to support each other in prayer. Each person comes to the Novena with their own special intentions ranging from the routine pressures of life to the heartbreaking. Petitions can be placed in special boxes in St. Clare's Church. A random selection of these are read out each night at the Novena.

DATE	SPEAKER
8th April	Rev PJ Madden Former General Secretary of the INO - Retired parish priest from New Orleans diocese and served 5 years in Kildare & Leighlin Diocese
15th April	Rachel Doyle Founder of Arboretum. A qualified horticulturist and author of a new book 'My Tree of Life'
22nd April	Ben Scallan Senior political correspondent with @GriptMedia - Irish journalist and Commentator
29th April	Mick Galwey All Ireland Senior Football Championship medal winner - Irish Rugby Legend and Sports Commentator
6th May	Geraldine Mullan Geraldine's story of how faith hope and love have carried her since her life changed dramatically in 2020 when her husband & 2 children tragically died
13th May	David Walsh Co-Founder of Netwatch & more recently Halo Care - strategic thinker and vocal advocate of entrepreneurship
20th May	Derek McGrath Former centre-forward and previous manager of the Waterford senior Hurling team.
27th May	Prof Jim Lucey Inspector with Mental Health Commission - writer, broadcaster and public speaker. (Blessing of the sick will take place at this Mass.)
3rd June	Elma Walsh Founder of the 'Live Life Foundation' in memory of her son Donal who died aged 16 years.

People are invited to place their petitions in the boxes provided in St. Clare's Church.

We will pray for these intentions during our Novena.

10th Anniversary of Donal Walsh

~ May 11th ~



10:00	Arrival in Basilica & Registration
10:30	Welcome – Fr Richard Gibbons
	Elma Walsh
10:45	Explanation of Workshops and Ice Breakers
11:00	Aidan O'Mahony & Dr Lorna Gold — followed by Q&A
11:45	Choice of workshops
	 In memory of Donal – Prayer Guidance Centre
	 Trócaire – Care for Our Earth (St Johns)
	 Music Generation – The HUB
	 The Prayer Cube – The HUB
	 Letters to God – The HUB
	 Story of Knock - The Apparition Chapel
	 Knock Museum
	 Fill Holy Water Bottles
1:30	Why do we go to Mass? – Fr. John Harris

Mass - Main celebrant Fr Leo Moloney SJ

2:00

3:00

Depart

^{*}Students are asked to bring a packed lunch and rain jackets/umbrellas

Message from Safeguarding Office

- Upcoming full-day training in Newbridge Parish Centre, Saturday 13th April 10-4pm. If
 anyone would like to attend, please contact Bishop's House or Director of Safeguarding
 to book. (An email has been sent to the trainees booked in directly where email address
 was available).
- Inter-parish safeguarding meetings continue tonight in Killeigh Parochial House.

Remaining dates/times/venues below.

- Thursday 18th April @7.30pm Portlaoise Parish Centre, Portlaoise
- Wednesday 24th April @7.30pm Leighlin Parish Centre, Leighlinbridge
- Thursday 25th April @7.30pm Tullow Parish Centre, Tullow

Please book in by emailing safeguarding@kandle.ie

 Safeguarding Audits must be returned asap. If any parish requires support with completing their audit, they can call or email Director of Safeguarding.

• Annual Day of Prayer & Reflection for Deacons, Candidates and their Families

The third annual Day of Prayer & Reflection for Deacons, Candidates and their Families will take place on Saturday 22nd June 2024 at Knock Shrine. This is a great opportunity for Deacons and Candidates to come together and help to promote the ministry of diaconate at a national level. A detailed schedule for the day will issue over the coming weeks once guest speakers have been confirmed. All are welcome to attend.

Graiguecullen/Killeshin Parish Novena To Our Lady Of Perpetual Help

Solemn Novena to Our Lady of Perpetual Help takes place in St. Clare's Church, Graiguecullen from the 8th April 2024 to 3rd June 2024 (9 Monday nights). The Rosary is recited at 7.10 pm and the Novena begins at 7.30 p.m.

We invite people to place their petitions in the petition boxes in St. Clare's Church and during the Novena, through the prayers from our Faith Community and the intercession of Our Lady, we will ask Jesus to relieve whatever burdens we may carry.

. Mass in Portuguese

The Brazilian Catholic Community in Laois invites you and your family to join them for a mass in Portuguese on Saturday 20th April 2024 in St. Peter & St. Paul's Church, Portlaoise at 7.30 pm. All are welcome.

. Solas Bhride Conference

Following on from our very successful conference in 2023, we are delighted to announce that on April 20th the Solas Bhride 2024 conference takes place. This year the keynote speaker is Dr. Edel Bhreathnach and the title of her talk is "Why did St. Brigid choose Kildare, the power of a religious landscape". In the afternoon we are celebrating St. Brigid in Music, Song and Dance. There are options to attend the full day or either morning or afternoon sessions, booking through the Solas Bhride website www.solasbhride.ie or by emailing or phoning the centre directly 045 522890 info@solasbhride.ie

. The Jesuit Centre for Faith & Justice

The JCFJ Annual Lecture "Enabling Death? Euthanasia from a disability perspective"

takes place on 25th April 2024 in Gardiner Street Church, Dublin at 7pm. Tickets are

available on Eventbrite, please contact info@jcfj.ie for details.

The School House Community & Enterprise Centre Rathvilly:

Rathvilly Community Centre Committee presents the "Celtic Brothers" in St. Patrick's

Church Rathvilly on the 28th April 2024 @ 7.00 p.m. (doors open @ 5.30 p.m.). Tickets

are €25.00 and are available online or hard copy in Brennan's Centra, The Post Office,

The Pharmacy, The Parish Office, and members of the committee.

March For Life Ireland 2024

Shining A Spotlight On Ireland's Abortion Law And Calling For Positive Supports For

Mothers

Our Next March: Save The Date

Bank Holiday Monday, 6th May, 2:00pm, 2024

Marching In Dublin From St. Stephen's Green To Leinster House.

Join Us In Advocating For Change, Unity, And Empowerment For Mothers And Their Babies. Be A Part Of Something Bigger – Let's Make A Difference Together. Takes place at 2pm on Monday 6th May in Dublin, marching from St Stephens Green to Leinster House

Burren Outdoor Retreat

Would you like to come on a guided journey through the Burren with its limestone pavements, rare flora, and ancient sacred sites? Let the beauty of the amazing Burren landscape renew you in body and soul. This retreat takes place Saturday 4th May 2024 to Monday 6th May 2024.

Information: Mary 087 970 1130. Booking: Noirin 087 447 911

. Donal Walsh LIVElife Foundation

On the 10th anniversary of Donal Walsh's death, the Donal Walsh LIVElife Foundation are holding Workshops & Mass in the Hub, Knock, Co Mayo on the 11th May 2024. The day starts at 10.00 am and finishes at 3.00 pm. There will be a choice of Workshops available on the day. Students are asked to bring a packed lunch and rain jackets/umbrellas.

All-Ireland Pollinator Plan

The All-Ireland Pollinator Plan is an island-wide attempt to reverse declines in pollinating insects. One third of our bee species are threatened with extinction in Ireland. The good news is that you can help by making your garden pollinator friendly. Every garden, no matter its size, can be a haven for hungry pollinators. See the link below for more information: pollinators.ie/top-ten-ways-to-help-pollinators/

Barnashrone NS Golf Classic

Friday 17th May Portarlington Golf Club Tee times from 9am



Team of 4 - €300

-Includes golf, lunch and a chance to win some lovely golfing gear

Special Prize on the day - Dinner for 2 in Ballyfin House with horse and carriage tour of the grounds

Contact Aileen @ (087)9896923 via Whatsapp to book in!